



V VEGETARIAN

TAPAS AND STARTERS

CRUMBED ONION RINGS V Served with thousand island sauce	R52
CRUMBED MUSHROOM RISOTTO BALLS V Served with chipotle mayo dipping sauce	R65
MILDLY CURRIED VEG SAMOOSAS V Arguably the best vegan samosas in Cape Town, served with sweet chilli dipping sauce	R65
JALAPENO POPPERS V Pickled jalapenos stuffed, crumbed, fried and served with a spicy tomato relish	R65
HUMMUS PLATE (Sharing Portion) V Falafel Balls, hummus, tahina, caramelized onion & mushrooms, sliced egg, hot chilli & wrap wedges	R145
BOWL OF POTATO FRIES V	R65
BOWL OF SWEET POTATO FRIES V	R70
CRUMBED HAKE GOUJONS Served with tartare sauce	R80
FISH TACOS 3 x Soft shell, toasted tacos with freshly pickled cabbage, crumbed hake, chimichurri sauce, sliced pickled jalapenos and garlic mayo	R95
CHICKEN TACOS 3 x Soft shell, toasted tacos with freshly pickled cabbage, crumbed chicken, chimichurri sauce, sliced pickled jalapenos and garlic mayo	R125
STICKY BBQ CHICKEN WINGS Portion of 3 flame grilled with our sticky and delicious basting	R80
PERI-PERI CHICKEN LIVERS Served hot or mild Peri-Peri	R85
TURKISH KOFTAS Lamb meatballs with cannellini bean puree	R85
LAMB RIBLETS Fall off the bone. No knife required	R150
THE PRESS KOROKKE (Croquette) Our take on this Japanese classic. Cabanossi mince & potato, crumbed and deep fried	R75



SIDES AND EXTRAS

Crumbed onion rings	R52
Fries or Slaw	R45
Sweet potato fries	R55
Roast veg or side salad	R50
Sliced jalapenos, IPA pickles	R25
Caramelised onions	R20
Smoked brisket	R55
Falafel patty	R75
Beef patty	R80
Lamb or cabanossi patty	R85
Mushrooms or avo	R50

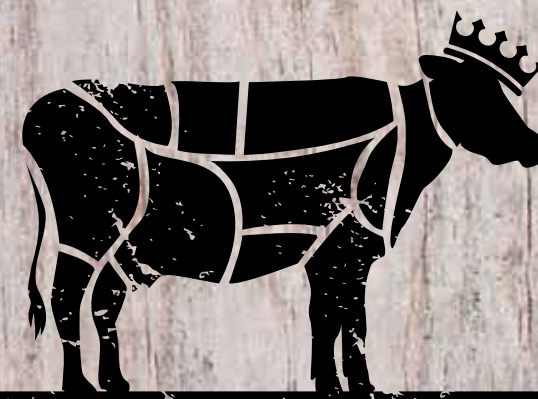
DESSERTS

ICE CREAM & CHOCOLATE SAUCE	R75
HOMEMADE CHOCOLATE MUD PUDDING with ice cream	R75
CHOCOLATE MOUSSE with meringue	R90
HOMEMADE MALVA PUDDING with ice cream	R75

All our desserts are vegetarian & dairy free



021 434 7724
info@thepressbar.co.za • www.thepressbar.co.za
176 Main Road, Sea Point, Cape Town
@thepresscpt
thepressbarandgrill



THE PRESS
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PLEASE BE AWARE THAT WE USE NUTS AND OTHER ALLERGENS IN OUR PREPARATION AREAS



VEGETARIAN

GRILLS AND HOUSE SPECIALITIES

Grills are served with a choice of 'slaw, fries, sweet potato fries, house salad or roast veg. All our steaks are individually aged and flame grilled.

RIBEYE STEAK	200g	R275	400g	R450
SCOTCH FILLET	300g			R350
SIDE BOLO FILLET	500g			R495
LAMB RIBS	500g	R375	750g	R450
½ CHICKEN - FLAME GRILLED				R220
2 leg quarters served hot, mild or bbq				
WINGS MAIN				R195
9 chicken wings served hot, mild or bbq				
CRUMBED SCHNITZEL (Chicken or Beef)				R210
CHICKEN SHISHLIK				R210
2 flame grilled skewers of deboned leg-thigh coated in an authentic paste of coriander, paprika, cumin, garlic, turmeric & lemon juice				
CHINESE CHICKEN STIRFRY				R195
We stir-fry fresh veg and filleted chicken in our ginger, sesame, soy marinade and serve on a bed of spaghetti				
BATTERED OR GRILLED HAKE				R195
Served with sauce tartare				
GRILLED SALMON	200g			R325
Served in the pan				

SAUCES

Pa's Chutney, BBQ	R30
Chimichurri, Mushroom, Mustard, Pepper	R40
Tahina, Humus, Homemade Hot Chilli	R40

· NO SPLIT BILLS, BUT YOU ARE WELCOME TO PAY SEPARATELY
· CORKAGE R50 · OPEN AIR DINING OPTIONS AVAILABLE

ASK YOUR WAITRON ABOUT OUR CHEF'S SPECIALS AND OFF THE MENU ITEMS

*WE ARE NOT ALLERGEN FREE



BEEF BURGERS

Flame grilled, 180g, 100% pure beef patty with a choice of slaw or fries served on a home-baked toasted bun. Add R12 for sweet potato fries and R40 to substitute your patty for a grilled chicken breast or to super-size to a 270g beast of a patty.

SIMPLE SIMON	R125
Lettuce, tomato and onion, with our homemade basting	
THE ITALIAN JOB	R165
Rocket, onion, olive tapenade, sundried tomato and basil pesto	
THE PORTUGUESE	R165
150g Cabanossi patty with rocket, caramelised onion and jalapeno relish, and red pepper mayo	
THE ALL AMERICAN	R165
Lettuce, sliced tomato, onion, homemade and hoppy IPA pickles with mayo ketchup	
THE HANGOVER	R215
Grilled mushrooms, crispy smoked brisket and fried egg, topped with hollandaise sauce	
THE PRO-FRESSA	R295
Only for the biggest of playas! 2 x 180g beef patties with pulled beef, crispy fried onions, chipotle mayo, garlic mayo, lettuce, sliced tomato and pickles	
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Add smoked brisket	R50
Add avo	R40
Add pulled beef	R50
Add fried egg	R15
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GRATUITY OF 10% WILL BE INCLUDED ON THE BILL FOR TABLES OVER 6 AND 15% ON TABLES OF 12 OR MORE.

ALL BURGERS ARE SERVED ON WOODEN BOARDS SO PLEASE REQUEST A PLATE IF YOU WOULD PREFER ONE.

PLEASE CALL MANAGEMENT IF YOU REQUIRE ASSISTANCE.



SPECIALITY BURGERS

THE ISRAELI	R145
Falafel patty with hummus and tahina	
THE PESCATARIAN	R145
Crumbed hake with rocket, lemon mayo and dill	
MARY HAD A LITTLE LAMB	R175
180g lamb patty with rocket, red onion, roasted and marinated peppers, mint and house mayo	
THE MOTHER HEN	R195
Crumbed chicken fillet, crumbed onion rings with spicy cayenne & lemon mayo	
*We recommend regular mayo for the sensitive pallet	
NO MISTEAK PREGO ROLL	R185
150g Prego steak with rocket, caramelised onion and jalapeno relish, and red pepper mayo	
THE BORAT	R185
Beyond Beef burger with The Simple Simon, Italian Job, Portuguese or All American toppings	

SALADS

THE PRESS	R125
Mixed greens with olives, tomato, cucumber, peppers and onion	
LA TRIBUNE NICOISE	R145
Mixed greens with tuna, egg and croutons	
Substitute chicken for tuna add R30	
BREAKING NEWS	R145
Quinoa and beetroot with roasted seeds, tomato, avo, radish and cabbage on a bed of greens with beetroot dressing	
CHINESE CHICKEN	R185
Shredded red and white cabbage, julienne carrots and baby spinach with sunflower, white and black sesame seeds, sliced chicken fillet and our ginger-soy dressing.	
*Stir-fried option available	
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Add sliced grilled chicken breast to any salad	R90
Add avo	R50
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