**SERVED UNTIL 3PM** 

<b>BIM'S</b> BREKKIE£7.00
SMASHED AVOCADO ON (WHITE BREAD / BROWN BREAD)
ADD PROTEIN£1.50
POACHED EGG / SCRAMBLED EGG / FRIED EGG / SMOKED SALMON
ADD VEG£0.60
MUSHROOM / SPINACH / GRILLED TOMATOES

SABABA BREAKFAST.....£11.95 CHOOSE YOUR EGGS (2 EGGS) - OMELETTE / POACHED /

SCRAMBLED EGGS CHOOSE YOUR TOPPINGS - MUSHROOMS / RED ONIONS /

SPINACH / HERBS / TOMATOES / CHEESE HOMEMADE DIPS, ISRAELI SALAD, BREAD & SIDE MINI MUESLI SERVED WITH HOT DRINK & FRESH JUICE

TOASTED BREAD TOPPED WITH BÉCHAMEL SAUCE, ROASTED MUSHROOMS & CHEDDAR CHEESE TOPPED WITH A FRIED EGG

FRENCH TOAST.....£8.50 SERVED ON BREAD WITH BANANA, HONEY & CINNAMON

EGGS ROYAL WITH SMOKED SALMON AND CREAM CHEESE.....£11.00 **CHOOSE YOUR BREAD (BROWN / WHITE)** SERVED WITH A SIDE SALAD

ALL DAY ISRAELI SHAKSHUKA.....£10.50 RICH TOMATO SAUCE WITH ROASTED PEPPERS, ONION, HERBS & TWO EGGS SERVED WITH SALAD, SCHUG, TAHINI & SIDE BREAD.

BOREHAMWOOD MUESLI .....£7.00 FRESH YOGURT WITH GRANOLA, HONEY, BANANA, STRAWBERRY & ALMOND FLAKES

(S)	MUSHROOM SOUP£5.00 SERVED WITH BREAD
2	MINESTRONE SOUP£5.00 SERVED WITH BREAD
ш	HOMEMADE FOCACCIA£4.50 SERVED WITH OLIVE OIL & BALSAMIC VINAIGRETTE
ļ⊢	GRILLED AUBERGINE£6.50 SERVED ON A BED OF TAHINI, AMBA, HERBS & TOMATO
2	GARLIC BREAD£5.00
4	GARLIC BREAD WITH CHEESE£6.00
]	GARLIC DOUGH BALLS£5.00
H	PIZZA DOUGH BALLS£6.00
S	-Deligious- FRESHLY

# \*SANDWICHES\*

CHOOSE YOUR BREAD (BROWN / WHITE)

SMOKED SALMON & CREAM CHEESE CLASSIC£9.00 SERVED WITH LETTUCE AND CUCUMBER
TUNA SANDWICH£9.00 SERVED WITH TUNA MAYO, TOMATOES, ROCKET, ONIONS AND PIKLES
SABICH SANDWICH£9.00 ROASTED AUBERGINE, BOILED EGG, PICKLES, AMBA & TAHINI
HALLOUMI SANDWICH£10.00 GRILLED HALLOUMI, OLIVE TAPENADE, TOMATOES, LETTUCE & PICKLES
FETA SANDWICH£9.00 FETA CHEESE WITH ROASTED ANTIPASTI AND PESTO
OMELETTE SANDWICH£8.50 OMELETTE WITH CREAM CHEESE, LETTUCE, TOMATO AND CUCUMBER
CHEESE & TOMATO TOASTIE£8.00

TUNA MELT TOASTIE....£9.00



0208 ו 0208 ( 0208 191 0307 בשר

www.sababaa.uk 33-35 Shenley Road, Borehamwood, WD61AE

FOLLOW US ON FACEBOOK AND INSTAGRAM **#SABABA** 

If you have any allergies please notify our staff

## Always Hot & Tasty! 🧲



POMODORO PENNE	£10.00
ROSE PENNE	£10.00
ALFREDO PENNE	£11.00
PESTO LINGUINE	£11.00
ROASTED VEGETABLES LASAGNE	£12.00
GREEN PASTA	<b>£11.00</b> Reen
PASTA ARRABIATA	£11.00
SALMON LINGUINI	£14.00
GNOCCHI	£13.50
PICK YOUR PASTA	£14.00





CARROTS, PEPPERS, BEAN SPROUTS, HERBS CABBAGE & RED ONION IN A TERIYAKI SAUCE, TOPPED WITH SPRING ROLLS & SESAME SEEDS

MUSHROOMS / BROCCOLI / SPINACH / TOMATOES / GRILLED SALMON (+£1.00)





FRENCH REVOLUTION CREPE FIORENTINA CREPE CREAMY MUSHROOM **CHEESE SAUCE** 

**SABABA CREPE** FRIED EGG, SPINACH, MUSHROOM & CHEESE IN A TOMATO SAUCE

**CHEESE & SPINACH IN A** CREAMY WHITE SAUCE

**TUNA MELT CREPE** TUNA CHUNK WITH MELTED CHEDDAR & SLICED BLACK







**TUNA NICOISE SALAD..** LETTUCE MIXED LEAVES, TOMATOES, CUCUMBER, ROASTED PEPPERS, GREEN BEANS, PICKLES, TUNA, RED ONION, ROASTED NEW POTATOES & BOILED EGG SERVED IN A FRENCH DRESSING

BULGAR SALAD..... BULGUR WHEAT, TOMATOES, SWEAT POTATO, HERBS, MINT, POMEGRANATE, FETA CHEESE & TOASTED ALMONDS

POWER QUINOA SALAD.....£11.00 SWEET POTATO, CHOPPED SPINACH, BEETROOT, RED ONION, GREAN BEANS, CHERRY TOMATOES & SUNFLOWER SEEDS

SERVED IN AN OLIVE OIL, LEMON & HONEY DRESSING

SERVED IN A FRENCH DRESSING

AVOCADO SALAD..... LETTUCE MIXED LEAVES, AVOCADO, ROASTED VEG, CUCUMBER, CHERRY TOMATOES & BOILED EGG SERVED IN A FRENCH & PESTO DRESSING

QUINOA, SPINACH, BROCCOLI, SWEET POTATO, SUNFLOWER SEEDS, CHIA SEEDS, PEAS & SLAW SERVED IN A OLIVE OIL, **LEMON & HONEY DRESSING** 

ARTICHOKE & GOAT CHEESE SALAD ..... SPINACH, ROCKET LEAVES, CARROTS, CHERRY TOMATOES, RED ONION, POMEGRANATE, TOASTED ALMONDS, ARTICHOKE & GRILLED GOAT CHEESE SERVED IN A FRENCH DRESSING

HALLOUMI SALAD..... GRILLED HALLOUMI CHEESE, LETTUCE MIXED LEAVES, CHERRY TOMATOES, RED ONION, SPRING ONION, ROASTED WALNUTS, ROASTED PEPPERS & MUSHROOMS SERVED WARM IN A TERIYAKI DRESSING

SALMON CAESAR SALAD..... GRILLED SALMON SERVED WITH LETTUCE MIXED LEAVES, HOMEMADE CROUTONS, CHERRY TOMATOES, AVOCADO & PARMESAN CHEESE SERVED IN A YOGHURT & DILL DRESSING

SABABA EXOTIC SALAD.....£13.00 BULGUR WHEAT WITH STRAWBERRY, ROCKET, POMEGRANATE, PINEAPPLE, SUNFLOWER SEEDS & ALMONDS WITH OLIVE OIL & **LEMON JUICE** 





LETTUCE MIXED LEAVES / QUINOA / **BULGUR WHEAT / PENNE PASTA** 

### **INGREDIENTS**

OLIVES / CARROTS / RED ONION / SWEETCORN / CHERRY TOMATOES / FRESH PEPPERS / MUSHROOMS / NEW POTATO / CROUTONS / BEAN SPROUTS / TOMATOES / GREEN BEANS / SPRING ONION / CHICKPEAS / PARSLEY / PICKLES / SESAME 

BOILED EGG / POMEGRANATE / BEETROOT / GARDEN PEA / SPINACH / STRAWBERRIES / SUNFLOWER SEEDS / CHIA SEEDS / WALNUTS / ALMONDS / BROCCOLI.....£1.50

ROASTED PEPPERS / ROASTED ZUCCHINI / ROASTED AUBERGINE / AVOCADO / SWEET POTATO / ARTICHOKE.....£1.80

GRILLED SALMON......£7.50 TUNA / SMOKED SALMON / FETA CHEESE.....£2.95

#### HALLUMI CHEESE / GOATS GRILLED SEA BASS......£8.50 CHEESE.....£3.50

#### **DRESSINGS**

BALSAMIC VINAIGRETTE / YOGHURT AND DILL / SOY AND SESAME / FRENCH VINAIGRETTE / OLIVE OIL AND HONEY LEMON / PESTO CHIMICHURRI / THOUSAND ISLAND







SCRAMBLED EGG SERVED WITH SLICED VEGET. & TOAST	
KIDDIE PIZZA 8"	£5.50
KIDDIE PASTA WITH TOMATO SAUCE & MELTED CHEESE	£5.50
FISH FINGERS & CHIPS	£6.90
CHEESE AND TOMATO KIDS TOASTIE	£6.00











### MAMA MIA

CLASSIC THIN & CRISPY DEEP PAN +£1.75 THICK & FLUFFY

**SKINNY SABABA** +£2.00 WHOLE WHEAT BASE

### **CHOOSE UP TO 3 TOPPINGS**

(EXTRA TOPPINGS +£1.00)

**VEGAN CHEESE MUSHROOM RED ONION** MIXED PEPPERS

**GREEN OLIVES** 

**SWEET CORN PINEAPPLE** 

**JALAPENO BLACK OLIVES TUNA GRILLED PEPPERS** HALLOUMI **FETA BABY SPINACH** FRIED EGG



ONION RINGS	£4.50
ORIGINAL FRIES	£3.50
CHILLI FRIES	£4.25
GARLIC FRIES	£4.25
SWEET DOTATO ERIES	£4 50







### MAMA MIA CLASSIC

DEEP PAN

**THIN & CRISPY** 

+£1.50 THICK AND FLUFFY

MARGHERITA.....£7.95
TOMATO SAUCE, FRESH BASIL & MOZZARELLA CHEESE

FARMHOUSE.....£8.50
MARGHERITA WITH A CHOICE OF OLIVES / SWEETCORN / MUSHROOMS / RED ONION / MIXED PEPPERS (PICK 1 TOPPING)

**VEGGIE SUPREME......£9.50**TOMATO SAUCE, MOZZARELLA CHEESE, SWEETCORN, MUSHROOMS, RED ONION & MIXED PEPPERS

NAPOLETANA....£10.95
TOMATO SAUCE, OREGANO, ANCHOVIES AND BLACK OLIVES

TUNA MELT......£
TOMATO SAUCE, MOZZARELLA CHEESE, TUNA,
RED ONION & BLACK OLIVES

FIORENTINA....£10.95
TOMATO SAUCE, MOZZARELLA CHEESE, BABY
SPINACH, TOPPED WITH EGG & PARMESAN

SABABA DELUXE.....£10.9
TOMATO SAUCE, MOZZARELLA CHEESE, HALLOUMI CHEESE, MIXED PEPPERS, RED ONION, CROUTONS

TOMATO SAUCE, MOZZARELLA CHEESE, PINEAPPLE, SWEETCORN & MUSHROOMS

TOMATO SAUCE, MOZZARELLA CHEESE & AUBERGINE WITH BASIL & A TOUCH OF OLIVE OIL

SNUW MOUNTAIN.....£11.00
MOZZARELLA CHEESE, CHERRY TOMATO, OREGANO,
ROCKETS & PARMESAN ON TOP WITH A TOUCH
OF EXTRA VIRGIN OLIVE OIL OF EXTRA VIRGIN OLIVE OIL

QUATTRO FORMAGGI.....£11.50 MOZZARELLA CHEESE, FETA CHEESE, HALLOUMI, PARMESAN CHEESE AND OREGANO

**SKINNY SABABA** 

WHOLE WHEAT BASE

(SERVED WITH A SIDE SALAD)

**PROTEIN (+£2.00)** TUNA / HALLOUMI CHEESE / FETA CHEESE / **DOUBLE** MOZZARELLA / FRIED EGG/

**ANCHOVIES** 

**VEG (+£1.00)** MUSHROOM / RED ONION / MIXED PEPPERS / **GREEN OLIVES / BLACK OLIVES /** SWEETCORN / SWEET POTATO / ROASTED PEPPER / BABY SPINACH / PINEAPPLE / **JALAPENO** 





**CHOCOLATE SOUFFLE SERVED WITH** FROZEN YOGURT.....£5.50 CHOCOLATE PIZZA.....£7.00

SWEET DOUGH PIZZA WITH NUTELLA, TOPPED WITH MELTED MARSHMALLOWS AND SERVED WITH ICE CREAM

£7.00



SERVED WITH WHIPPED CREAM / FROYO AND ICING SUGAR

CLASSIC CREPE STRAWBERRY SURPRISE BUTTER, SUGAR & LEMON STRAWBERRY **& WHITE CHOCOLATE** £7.00

BANANA SPLIT CREPE NUTELLA CREPE BANANA, DARK CHOCOLATE & WALNUTS CHOCOLATE £7.50 £7.00

**CHEAT-DAY CREPE** WHITE CHOCOLATE, DARK CHOCOLATE & MARSHMALLOWS TOPPED IN A CARAMEL £7.50



CLASSIC £4.50 CAPPUCCINO / VANILLA / NUTELLA / DULCE DE LECHE / OREO / MARSHMALLOW

**FRUIT** BANANA / STRAWBERRY / **BLUEBERRY** 

**CHOCOLATE** MALTESERS / FLAKE / KIT KAT /

NAUGHTY MARSHMALLOW WHITE CHOCOLATE, NUTELLA & MARSHMALLOW

**STRAWBERRIES & CREAM** WHITE CHOCOLATE, STRAWBERRIES & WHIPPED CREAM

**COOKIES & CREAM** WHITE CHOCOLATE, COOKIES 'N' CREAM & SALTED CARAMEL







OREO WORLD CRASHED OREO, NUTELLA & ICING SUGAR WITH SMALL SIDE ICE CREAM MALTESERS MALTESERS, NUTELLA, ICING SUGAR WITH SIDE ICE CREAM STRAWBERRY BOUNTY COCONUT, NUTELLA, STRAWBERRY & ICING SUGAR SWEET TEMPTATION NUTELLA, CARAMEL, WHITE CHOCOLATE CHIPS, CRASHED OREO & ICING SUGAR





### FROYO / ICE CREAM

CHOOSE YOUR TOPPINGS.....£0.70 STRAWBERRY / BLUEBERRY / PINEAPPLE / BANANA / POMEGRANATE / APPLE /

ALMONDS / WALNUTS / GRANOLA /

**NAUGHTY** 

DRY

OREO / SALTED CARAMEL / BROWNIE / MARSHMALLOW WHITE CHOCOLATE / DARK CHOCOLATE / DIGESTIVE COOKIE RAINBOW BUTTONS / MALTESERS / FLAKES

CHOOSE YOUR SAUCES.....£0.70 DULCE DE LECHE / PASSION FRUIT / CHOCOLATE SYRUP

MAPLE SYRUP / HONEY







**CHOOSE YOUR BASE** 

APPLE / SOYA / ALMOND MILK / WATER / YOGHURT +£1.00

•••••••••

TROPICAL CRUSH COCONUT, BANANA & PASSION FRUIT

**SWEET MELODY** MANGO, MELON & STRAWBERRY

SASSY STRAWBERRY. STRAWBERRY, BANANA & DATES

TAHINI DATE ALMOND MILK BASE, RECOMMENDED IN **BANANA & CINNAMON** 

# \* Superfood Smoothies \*

MIGHTY GREEN
APPLE, PEAR, KIWI, MINT & AVOCADO

MORNING GLORY SPINACH, MANGO, PINEAPPLE & BANANA

### **COLD DRINKS**

_		
ICE CH	IOCOLATE	£3.00
ICE CC	)FFEE	£4.50
LIMON	IANA	£4.00

#### **SOFT DRINKS**

COKE / DIET COKE / COKE ZERO / FANTA / SPRITE	.£2.50
STILL / SPARKLING WATER 330ML	£2.50
STILL / SPARKLING WATER 750ML	£3.50

APPLE	£3.75
DRANGE	£3.75
DRANGE & CARROT	£4.00
CARROT, GINGER, CELERY	£4.25
CARROT, BEETROOT, CELERY	£4.25
, ,	

#### ALCOHOL-

••• \*\*\*\*



CORONA BEER.....£4.00

SINGLE ESPRESSO /	II
MACCHIATO£2.00	В
DOUBLE ESPRESSO /	Ε
MACCHIATO£2.50	F
CAPPUCCINO£3.00	Н
LATTE£3.00	L
AMERICANO£2.50	P G
HOT CHOCOLATE£2.50	0
CHOCOCCINO£3.00	W
MUCHY E3 UU	0

BOTTLE...

INDIAN CHAI.....£3.50 BABYCCINO.....£1.50 NGLISH TEA .....£2.00 RESH MINT TEA .....£2.00 HERBAL TEA.....£2.80 EMONGRASS & GINGER / PEPPERMINT / CHAMOMILE / GREEN TEA

DREO HOT CHOCOLATE...£5.00 VITH BELGIAN CHOCOLATE, DREO COOKIES, MOCHA.....£3.00 MARSHMALLOW & WHIPPED **APPLE CIDER.....£3.50** 

12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL