

PASSOVER IN COSTA RICA 2023 CME PROGRAM

This Passover surround yourself in the natural wonder of Costa Rica at a beautiful resort.
Earn up to 16 CME Credits over Passover!

Enjoy delicious Glatt Kosher for Passover dining under strict Kosher supervision, On-site synagogue with daily Minyanim, On-Site CME Classes, Kids Camp, plus exciting guided excursions and daily activities.



TRIP LENGTH & DATES

10 days, 9 nights

PASSOVER: April 5 - April 14, 2023

PRE-NIGHT: Tuesday, April 4 (El Mangroove Resort)

■■■ COSTA RICA

Costa Rica is Central America's special jewel. The country's natural attractions, wildlife, bio-diversity and reputation for enlightened conservation draw tourists and nature lovers from all over the world. This Passover join Costa Rica Kosher Adventures for a unique holiday travel experience. From swimming in the warm waters of the Pacific Ocean, to treetop zip lining, to gliding through the rainforest on a canopy tour, to getting covered in volcanic mud at a natural hot spring volcano spa, you'll be surprised by how many fun activities you'll find as you explore this "little green country."

■■■ 2023 cme program

Back by popular demand, Costa Rica Kosher Adventures will be offering a Continuing Medical Education program as part of our Passover experience. The classes will be held on-site, at the El Mangroove, Marriott Autograph Collection Boutique resort, just steps away from the beaches of Costa Rica. Enjoy all that Costa Rica Kosher Adventures has to offer both spiritually and physically while also taking advantage of a fully accredited, highly informative, tax-deductible CME program.

■■■ LECTURERS & CLASS CONTENT

By attending the conference, participants will gain a better understanding of cutting edge medical challenges and applications that intersect multiple medical disciplines. The program is also designed to train professionals in evidence based techniques for observing, regulating and transcending negative stress and pain stimuli that will be applicable for physician self care as well as easily transferable to patients. See our website for a sample schedule from our 2022 CME program and 2023 updates.

■■■ THE HOTEL – EL MANGROOVE RESORT

Nestled in the unspoiled ecological paradise that is Costa Rica, the El Mangroove, Marriott Autograph Collection in Guanacaste, a boutique resort in Costa Rica just steps from the beach. This resort is located on one of the most pristine beaches in Costa Rica, Playa Panama. It is an ideal starting point for visits to the nearby national parks, rainforest reserves and dive sites. The property lies along the country's beautiful Northwest Pacific coastline and yields breathtaking panoramic views of the Pacific Ocean where many water sports can be enjoyed including fishing, swimming, and windsurfing. The hotel is only 20 minutes from Liberia International Airport in Guanacaste.

■■■ ACTIVITIES, amenities & excursions

A CRKA Passover adventure includes much more than a hotel and food. We take care of every aspect of your vacation including:

- All delicious meals, Seder & snacks under strict Glatt Kosher for Passover supervision.
- On-site synagogue for daily Minyanim, Daf Yomi & multiple Shiurim.
- Inspiring, life changing, lectures and experiences.
- In-depth seminars in breathing and meditative techniques
- Suitable eco-oriented activities & speakers during the holiday.
- Guided bird watching & wildlife walks.
- Guided adventures during Chol Hamoed.
- Kid's Camp (During Shabbat and festival days only)
- Full use of hotel amenities

■■■ THE ROOMS

Each well-designed room has shared ocean or pool view, spacious bathrooms with bathtub or shower, air conditioning, cable television, WiFi connection, comfortable bed/s, mini fridge, security box, night tables and chairs, phone, closet, laundry service and concierge.



For additional information about our program, or to book, please visit our website

WWW.COSTARICAKOSHERADVENTURES.COM

CME Program: PHONE or TEXT Tzippy at 323-999-8312 or EMAIL office@passoverincostarica.com

■■■ DINING, KASHRUT & SUPERVISION

Unique to CRKA is our ability to prepare delicious Glatt Kosher for Passover cuisine in exotic destinations off the beaten path under strict supervision. Our master chefs specialize in nutritious, well-balanced and beautifully prepared and presented meals, prepared in separate meat and dairy kitchens. We take full advantage of our natural surroundings; in Costa Rica our menus are reflective of the local cuisine, including using a large variety of the area's world renowned fresh fruits and vegetables.

All food and standards for the program will be Glatt Kosher LePesach (Gebrochts): all wine is Mevushal, Shmura Matza & Cholov Yisroel products available. Supervision will be under the auspices of the local Centro Israelita and Chief Rabbi of Costa Rica, Rabbi Yitzchak Prober.



■■■ PRICING

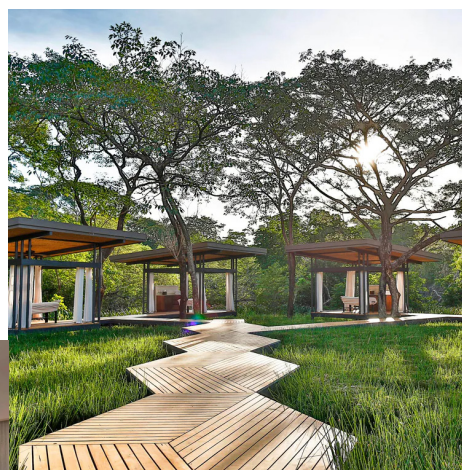
- Price per room, max 4 persons per room (no exceptions).
- INCLUDES all tips, taxes and service charges.
- Pre-night program cost: \$300 per person (up to 2 people in a room), \$100 per person for 3rd & 4th in a room.



Price includes: Airport pick up/drop off plus all other in-country transportation; all meals including 2 nights Seder; resort lodging; use of resort amenities; holiday eco-programming; all guided adventures (during Chol Hamoed); Kids' Camp (during Shabbat and festival days).

Price does not include: Airfare, optional tours, insurance or government required tests, miscellaneous items.

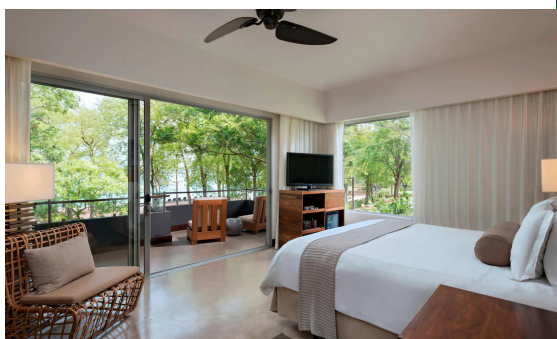
* (Please note prices are subject to change.)



COVID-19 SAFETY

CRKA programs follow all up-to-date governmental health and safety protocols.

Program attendees MUST show proof of negative COVID test from within five days of Passover.



ROOMS & SUITES	COST*
Standard Room - 2 Queen Beds (2 people per room)	\$12,400 per room
Standard Room - 2 Queen Beds (3 people per room)	\$14,400 per room
Standard Room - 2 Queen Beds (4 people per room, maximum)	\$16,400 per room
ADDITIONS: Infants \$600 (crib included) Extra cot rental: \$200/each	

TOURS & ACTIVITIES

On-site activities: Apart from the on-site resort amenities, CRKA has developed exciting low-impact nature-based activities for all ages during the holiday. These include:

- Guided nature walks
- Bird & wildlife watching
- Naturalist and ecologist series
- Study & lecture program
- Daf Yomi & private learning

Pre-night (April 4): Airport pickup, next day Siyum Bechorim, breakfast, lunch, Biur Chametz, and Friday tour.

Room Assignment:

Rooms will be assigned upon booking with deposit on a first-come, first-served basis.

Reservations:

To reserve a space please contact office@passoverincostarica.com for a registration form and return by mail or fax with your deposit.

Travel Insurance:

CRKA recommends purchasing FULL/ COMPREHENSIVE travel insurance.

Disclosure:

Please note the Passover in Costa Rica is a unique Passover vacation experience. Unlike most Passover programs, which are at a hotel and are centered on food and speakers, we have developed a program which is unique to Costa Rica and its wild, natural surroundings. Due to the remote location and pristine environment that surrounds us (which is what makes Costa Rica such a special destination), certain amenities and comforts that may be available to guests in the United States or abroad may not be available here. We ask guests to take this into consideration when choosing this program. Costa Rica Kosher Adventures has over 25 years of experience running kosher travel programs and Passover holidays. Our staff is committed to giving you an exceptional and truly enjoyable vacation. Please speak to one of our travel experts to go over the program details to make sure that this program is truly the right one for you.

* Please note that the itinerary is subject to change at the discretion of the tour operator.

For inquiries about other CRKA programs and our regular Passover program, please email kosherletters@gmail.com or call 310-553-8804

■■■ TESTIMONIALS FROM PREVIOUS PARTICIPANTS

- "Liz, the chef, was outstanding! She prepared delicious, varied meals that were enjoyed by everyone." • "By the end of the trip, it felt like we were traveling with mishpocha."
- "We had a great time with great people!" • "Could not be more impressed with the hospitality, friendliness & overall amazingness of everyone at CRKA!"
- "What a pleasure having everything arranged. Transportation, excellent activities, great kosher meals, friendly staff, wonderful guides, great group of participants. Wonderful trip!!" • "Very family friendly and so flexible: the staff accommodated everything we could have possibly wanted, and the food was incredible!"
- "The guests were friendly and diverse, and I feel that I will stay in touch with many of them. The Rabbi and his wife made the family trip so much more spiritual & heimish for our family. The trips (rafting & zip lining) felt like I was a kid again!"
- "CRKA is a professionally run operation. It attracts a diverse and interesting group of people interested in both, Judaism and nature. We felt right at home."
- "The activities on this tour are some of the best places I've ever been to." • "Great tour- filled with fun activities - we were kept very busy!"



COSTA RICA KOSHER ADVENTURES - cme passover 2023

For additional information visit www.costaricakosheradventures.com
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